

THE SPIRITUAL CONNECTIONS



MONTHLY JOURNAL FOR APRIL 2012

Psalm 32:7 [You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.](#)

WHY WORRY

By Evangelist Dennis A. Palma

Almighty Father, Lord Jesus, and the Holy Spirit, I thank You, praise You, and bless You Lord, for keeping this ministry grounded in Your Word. Father, may we all continue to learn from You Lord. Lord Jesus, may we always remember, what a Friend we have in You. Thank You Lord, for always being there for us. Father, please continue to fill us up with Your Words of Divine Wisdom. Lord, deliver us into Your Eternal Kingdom! Father I ask this prayer in Jesus name.....Amen.

This month, the Holy Spirit has touched my heart to talk to this ministry about worry. Worry is kind of a subject that we can talk about until our hair turns blue and still not truly understand it. Why are people so affected by its deadly venom? Reason being, worry comes directly from the devil, not God. Why is worry so contagious? Because, once we give worry a place to grow, it can escalate real fast. So fast that it can spread faster than a ragging fire! Worry actually got its roots from original sin. As it is written, original sin can be traced back through the Bible to Adam and Eve. Before sin entered into the world through Adam and Eve, fear and worry did not exist! Adam and Eve had a worry free life in the beginning, but gave it all up for sin! Where there is no fear, there is no worry! Jesus commands us not to worry! How can we avoid worry? Only faith can free us from the anxieties caused by fear and worry. Working and planning responsibly are good; dwelling on all the ways our planning could go wrong is bad.

Worry is pointless because it can't fill any of our needs; worry is foolish because the Creator of the universe loves us and knows what we need.

He promises to meet all our needs, but not necessarily our desires.

Overcoming worry requires: (1) Simply trust in God, our heavenly Father.

This trust is expressed by *praying to Him rather than worrying.*

(2) Perspective on your problems. This can be gained by developing a strategy for addressing and correcting your problem. (3) A support team would be beneficial to help. Find some believers who will pray for you to find the wisdom and strength to deal with your worries.

Seeking the Kingdom of God above all else means making Jesus the Lord and King of our lives. In order to free ourselves from this debilitating disease, we must let Him control every area of our life- our work, our play,

our plans and our relationships. Is the kingdom only one of your many concerns, or is it central to all you do? Are you holding back any areas of your life from God's control? As Lord and Creator, He wants to help provide what we need as well as guide us how we use what He provides.

In **Philippians 4:6-7** God says: **And my God will meet all your needs according to His glorious riches in Christ Jesus.**

The Lord also says in **Isaiah 32:17** that: **The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever.**

God acts from above to change man's condition here on earth.

Only when God's Spirit is among us can we achieve true peace and fruitfulness. When we are following our own will and not doing God's, we leave ourselves open and vulnerable for the devil attacks, just like Adam and Eve did! Satan only needs a little doubt to get us to start worrying. Once doubt gets a foot in the door, is when fear and worry start to grow. Once we start to allow doubt, fear, and worry to become important, is when we make worry our god! The Bible tells us that, God gets real sad and disappointed when we allow sin and worry to become more important than Him.

God loves us so much that whenever we start to fall into that dark hole of worry, He left us with numerous scriptures in the Bible, to help restore us from worry, back to a sense of peacefulness! A kind of peace that surpasses all of man's understanding. The Lord gives us a sense, that everything is going to be all right, and that God is in control of our worry, not us.

Some of my favorite scriptures that have a calming effect about worry can be found in **Psalms 46:1-3**. The Lord said that: **God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear,**

though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

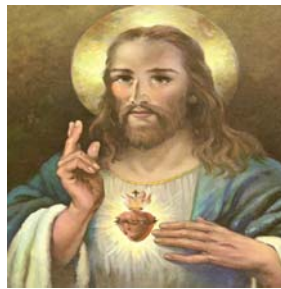
Another one of my favorites can be found in **Jeremiah 17:8**. The Lord also said: **“He will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.**

Furthermore it is written in **Philippians 4:6-7** **Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard our hearts and your minds in Christ Jesus.**

All three scriptures, the Lord has blessed me with, to help me combat my own personal fears and worries. I know that it's true for me because, every time I took my eyes off of Jesus, I myself not God, let worry into my life. I know from years of walking with the Lord, that peace instead of worry, are only a prayer away, thanks to the Lord Christ Jesus!

When I look back in time with respect to my own personal struggles, I did not have a clue for a long time! But as my personal relationship with God started to grow stronger, the Lord began to teach me a lot of painful lessons about the need to stay real close to Him or else. Most people get turn off when it comes to mandates. Reason being, is the fact that we want to control ourselves, not God! For me personally, I use to think that I was in control of myself, till one day God started to show me the difference. He made me see through years of my own prideful control, that I really don't have no control, at all! The only real control we have in life, is our personal choices we make. We can either have peace by following the Lord Christ Jesus, or continue to have doubt, worry and fear by following ourselves!!!

So my brothers and sisters in the Lord Christ Jesus, it is my hope that this month's inspired message will help us to better understand what it takes to deal with our fears and worries. May we all ask God to help us find His Peace for our souls, through these times of darkness and uncertainties!



JESUS CALLING

By Sarah Young

[TRUST ME AND DON'T BE AFRAID](#), for I am your Strength and Song. Think what it means to have Me as your Strength. I spoke the universe into existence; My power is absolutely unlimited! Human weakness, consecrated to Me, is like a magnet, drawing My Power into your neediness.

However, fear can block the flow of My Strength into you. Instead of trying to fight your fears, concentrate on trusting Me. When you relate to me in confident trust, there is no limit to how much I can strengthen you!!

(Isaiah 12:2-3; Psalm 21:6)

PROVERBIAL WISDOM FOR APRIL 2012

Proverbs 26:24-26: A malicious man disguises himself with his lips, but in his heart he harbors deceit. Though his speech is charming, do not believe him, for seven abominations fill his heart. His malice may be concealed by his deception, but his wickedness will be exposed in the assembly.

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THE MINISTRY'S DAILY PRAYER LIST

Please join hands with this ministry and pray for; Marian Simmons, Cole Brant, Jackie Parker, Rose Robinson, Denise Laphrop, Audrey Urban, Alisha Wade Longo, Janelle Owens, Janine Smeltz, Greg Achinko Sr. Edward Young, Anne Marie Hess, Gary Wade, Patty Palma and Family, Joy Valerie, Catrina Wilson, Ed Messner, Margret Lipani, Jonathan Baker and Family, Andria Arceneaux, Joe Lakes, Tony Gregory, Kevin Palma, Dorthy Leary, Johanna Tyson, Janet Neil, Christine and Dennis E. Russ Holman, Jimmy Palma and Family, Bill Schlupp, Tony Scarengelli, Bob McCormick, Clem Lisitski Sr.

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Well my brother's and sister's in the Lord Christ Jesus, it is my hope again that you enjoyed this month's inspired message. Until next month's inspired message, may the Lord richly bless you with His Divine Presence!!!

If you need to get in touch with this ministry for special prayers or study tools, check us out on the web @ www.makethespiritualconnection.com
Also, for daily spiritual tweets, check out TWITTER @ Minister_Dennis

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HAPPY EASTER FROM THE SPITTUAL CONNECTION



PRAISE THE LORD



